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5 Room Cottages, Season \$150 up.

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Choice Real Estate for Sale.

REAL ESTATE.

## DAYTONA and its ATTRactions.

### The Queen City of Florida.

From the F. E. C. Ry. Booklet.

110 Miles from Jacksonville.  
Fare one way.....\$3.39  
Round trip.....6.60  
74 Miles from St. Augustine.

Fare one way.....\$2.29  
Round trip.....4.49

DAYTONA is situated upon the west bank of the Halifax River at its fairest expanse and midway between its source at Babcock Bay and its outlet at Mosquito Inlet. It is in latitude 26° 50' north and 81° 15' west, 26 miles from St. Augustine and one mile from the Atlantic Ocean, and is acknowledged to be without a rival for beauty among the cities of the South. Its site is a spot that is known as high land, and that was crowned by a forest of live oaks and palmettos, and among these trees is the town of today, with its beautiful cottages and well-graded streets and boulevards. The result is a town of wide, open spaces, with the wide avenues that intersect the town are lovely and water-ways and highways, many of them draped with graceful festoons of the gray Spanish moss, that overarch the street and walks, and among these are interspersed tall tropical palm-trees, glossy-leaved magnolias, fragrant bays and camellias, and many other varieties, while in many places the wild grape, the trumpet vine and the angelica climb and cling among the branches forming shady bowers and adding grace and beauty.

The town lies parallel with the Halifax River, and extends for nearly two miles along the shore. This river is the delight of the angler and the yachtsman and forms one of the town's greatest attractions.

The main avenue that runs parallel with or intersects the river are all 100 feet wide, except Beach street, which is about fifty feet, but has a half mile of open, beautiful water stretching upon its eastern side, where the salt waves ebb and flow and along and across which comes the cooling, invigorating and health giving breezes from off the wide Atlantic, which temper and render the Halifax climate one of the most perfect in the world. Daytona has many miles of well-graded, macadam and shell roads and streets, rendering it the

**Wheelman's Paradise**  
and added to these, but a mile away, are thirty miles of smooth, hard beach, that affords an unrivalled course for long distance cycling and driving or automobile racing. No town of equal size, North or South, numbers so many wheelmen, and cycling is a favorite pastime with the tourists summer and winter.

**The Beautiful Cottages**  
that have been erected during the past years and are being built are rendering Daytona as famous for its fine homes as for its beautiful river, trees and avenues, and they are adding yearly to its attractions.

Not the least of these attractions to those seeking homes in the South, and ranking second only to healthfulness and perfection of climate, is the fact that its population is chiefly composed of cultivated and intelligent people, accustomed to the refinements of home and social life. Added to these features are good churches, good public and private schools, stores, hotels, laundry, meat markets, novelty works, an opera house, electric lights for street and house illumination, a good telephone system, ice factory, Lily Water Works, and hot and cold baths, etc., and everything else can be procured that is necessary to make life comfortable. An important feature in the healthfulness of this town is the

**Water Supply**  
which is derived from numerous flowing wells, of which there are probably 300 in the corporate limits. This flow is secured by boring wells to the depth of from 80 to 120 feet, passing through several strata of rock, and this depth assures purity from all surface contamination. The water is slightly impregnated with magnesia and iron, and holds sulphur in the shape of gas, which soon passes away.

**The Population of Daytona**  
proper is about 1,800. Added to this is a suburban population on main shore and peninsula of about 1,000 at Kingston, Blake, Old Seabreeze or Goodall, Seabreeze and Silver Beach,

which are properly a part of the town and population.

#### Daytona Beach

lies one mile east of the town. It is approached by three good bridges over the river and well-graded avenues, and is the principal summer resort south of St. Augustine. It has more tourists during the summer than all other places south of that city combined, and is also becoming a favorite winter resort. The beach is wide, firm and smooth, by many considered the finest in the world, and the surf bathing is safe and excellent summer and winter. People who have tried Northern and Western summer resorts declare that there are none so perfect in comfort as Daytona beach.

#### Automobile Race Meet.

The Florida East Coast Automobile Association conducts an annual race meet on the beach, which has now a universal reputation as the greatest automobile race course in the world. The Daytona-Ormond Beach is hard as macadam, and an ideal stretch of thirty or more miles without a break makes it the natural racing ground for America.

At low tide the beach is bare for 300 feet and neither carriage wheel, bicycle or pedestrian can make a hardly visible imprint on the smooth and well-packed sand. It is no uncommon sight to see sail-rigged bicycles speeding with the velocity of the wind before a stiff breeze along the smooth beach, thus affording the most exhilarating sport known to man. Besides these, miles of hard-shelled, palm-fringed boulevards bring the lovers of the wheel and vehicles into direct touch with the mainland over the broad bridges which span the splendid Halifax River.

The beach from the sandy bluffs to the lowest point at oblique, measures about 500 feet, and the average depth of the surf measures about two feet. A continuous gentle swell rolls in from the ocean from one to two feet in depth under normal conditions, making the beach an attractive and absolutely safe place for surf bathing. Here the infant as well as the gray-haired veteran of many summers, can safely enjoy the luxury of a sea bath throughout the larger part of the year, while the strong and expert swimmer, can venture out further to test his strength and skill in battling with the inexhaustible powers of the mighty ocean.

#### The Peninsula

lying between river and ocean is one-half mile wide, and is being rapidly improved, and there are many fine cottages and several good hotels, an opera house, two ocean piers, beach pavilion and a large casino.

#### A Remarkable Feature

at Daytona has been the yearly improvement in the style and value of the buildings that are being erected for homes. Men of capital of the North and West have become awakened to its advantages for winter residences, and valuable lots are being purchased and costly houses, beautiful in design and finish, are being erected, and beautiful homes, the abodes of wealth and culture are multiplying. Seabreeze (City Beautiful) and Goodall are settlements on the Ocean side of the peninsula across the Halifax River from Daytona.

At the foot of Ocean Boulevard, Seabreeze, a pier reaches 600 feet across the beach into the swelling surf of the ocean. This pier is a favorite resort of those who delight in the sport of fishing. The surf here abounds in trout, pompano, yellowtail, cavalle, whiting, drum, sheephead and many other varieties of edible fish. During the fall season the famous sea bass affords royal sport, and it has been no uncommon occurrence to land a thousand pounds of this gamey fish in an afternoon, individuals of them ranging from fifteen to thirty-five pounds in weight. Not only does the ocean offer this splendid sport but the Halifax River, only half a mile back of the ocean, is equally famous for its fine fishing, and the varieties that abound in the ocean are present in the river.

Hunting and fishing good. Experienced guides and dogs may be had at reasonable prices.

## A WONDERFUL ART.

### JIU JITSU AND ITS USEFULNESS IN SELF DEFENSE.

What the Art Comprehends and How it is Used in Japan—The Policemen of the Mikado's Empire Find it Valuable in Giving Aid to Injured.

The war between Russia and Japan has naturally directed attention to Japanese customs, and Americans have discovered numerous things about them to admire of which they were but imperfectly aware before. Among Japanese institutions that are exciting attention and study is jiu jitsu, pronounced "jew-jit." Much misconception exists as to what jiu jitsu is. It has sometimes been described as a system of wrestling, but, though used in wrestling, it comprehends more than that and is an art in itself. The name signifies in English "subjugation by gentle means"—that is, while valuable in self defense, it is not the intention that it should be used in a brutal way. This was illustrated in a striking way recently in a contest held at police headquarters in New York city. Commissioner McAdoo wished to test the value of the art with the view of having it taught the members of the police force, and an invitation was extended to Tatsuguma Higashi to meet



AN EFFECTIVE JIU JITSU TRICK.

several Americans noted for their brawn and muscle. Higashi is one of twenty Japanese who have received degrees for proficiency in the art of jiu jitsu. Japanese youths study it in their schools and colleges. Every Japanese policeman is trained in it. But eminence in this art, just as in others, is comparatively rare.

Higashi is a graduate of the University of Doshisha at Kyoto, has studied at Yale and has been a student of jiu jitsu since he was nine years of age. He does not look like a strong man and in fact is not exceptionally muscular. Nevertheless his skill makes him the superior of men twice his weight and of much greater height. He weighs 120 pounds and stands five feet three inches high. When he undertook to throw Tom Sharkey, the pugilist, who weighs 240 pounds, it seemed like a contest between a pygmy and a giant, but the prize fighter was on his back so quickly he did not know what had happened. "Ajax" Whitman, once a professional "strong man," who makes nothing of pushing a freight car, also had to acknowledge himself outclassed by Higashi.

Jiu jitsu is based on physical and anatomical facts that are comparatively little known in the western world outside of the medical profession. Experts in the art may teach its elements, but the tricks which seem most remarkable are only learned by years of study. In Japan the art of breaking bones and "knocking out" an opponent is only imparted to those whose character is believed to be such that they



JIU JITSU EXPERT THROWING AN OPPONENT.

can safely be entrusted with secrets that would be dangerous if in the possession of unscrupulous persons. But jiu jitsu can be used not only in putting an opponent "out of business," but in restoring to consciousness persons who have been injured. The expert in

the art can "knock out" his antagonist by a well directed blow and then restore his senses by the antidotal blow. Not long ago a lady was supposed to have been drowned while bathing in the ocean at Bristol, R. I. Efforts of physicians to restore her to consciousness failed. A Japanese student trained in jiu jitsu ran to the scene and, pulling off her bathing slipper and stocking, examined the blood vessels in her ankle. Then he straightened her up and gave her a sharp blow upon a certain place in the spine. She came to and survived.

Japanese policemen are able by use of jiu jitsu both to defend themselves and to give first aid to the injured. None but adepts in jiu jitsu know all of the many movements used in the science. The secrets pertaining to the art have been carefully guarded by the Japanese for centuries.

### THE READING CURE.

Books as a Medicine in Cases of Mental Distress.

One could wish that the doctor of medicine occasionally called in the doctor of letters in cases of mental distress. There is a tonic quality in books, properly chosen, which is as beneficial to the mind as change of scene or doses of hot water. People do not realize that the shortest way from the quagmire of the modern unrest is a total forgetfulness of self, and few know that the healthiest remedy is to be found in reading. The word disease signifies the negation of ease, and most forms of neurotic sickness are a deliberate effort on the part of the invalid to make himself uneasy. If doctors were to prescribe a course of Cervantes or Moliere or Balzac or Sterne or Dickens or even Shakespeare as a strictly enforced thoroughness in this course as they would if the treatment were a matter of diet or medicine, many of their patients would begin to mend from the first moment that these magicians had given them a forgetfulness of self. It is true that Poe declares in the "Haven" "vainly I had sought to borrow from my books surcease of sorrow," but the opinion of the world is overwhelmingly against him. Good reading is a forgetfulness of cares, and, by the same token, it is an education in all those qualities which make life sweet and greatly to be desired. It is the valetudinarian who most constantly tells one, petulantly enough, that he never reads books.—London Globe.

### A LOUD WHISPER.

It Came From a Gun That a Sentry Forgot Was Cocked.

During the Mexican war, in 1846 Captain Kenly received orders from General Quitman to march with a guard to a ford in the Santander river and prevent its passage by the Mexicans. He reached the place, posted his men with strict injunctions against betraying their presence and took his position on the bank where he could overlook the ford.

Suddenly there came the report of a gun, fired by one of his sentries. Captain Kenly ran to the place, having seen no enemy, and found the sentry, a Georgian, coolly reloading his musket.

"How dare you fire your gun?" exclaimed the angry captain. "The whole division will be aroused."

Even as he spoke the long roll of the drums came floating down the wind. The sentry saw plainly enough the trouble he had got into, but he answered:

"Well, captain, you see I was so tired and sleepy that to keep myself awake I kept pointing my gun at a duck I saw on the river, and I thought how I would like to whisper to it, and hang it, I forgot the gun was cocked and away she went."

The man escaped with a sharp reprimand from General Quitman, who sent him word that if he ever "whispered" again without orders it would be all over with him.

#### Long Life.

Weber sums the main points to be observed by those desirous of a long life as follows: First, moderation in eating, drinking and physical indulgence; second, pure air out the house and within; third, the keeping of every organ of the body, so far as possible, in constant working order; fourth, regular exercise every day in all weathers, supported in many cases by breathing movements and by walking and climbing tours; fifth, going to bed early and rising early and restricting the hours of sleep to six or seven hours; sixth, daily baths or ablutions, according to individual conditions, cold or warm or warm followed by cold; seventh, regular work and mental occupation; eighth, cultivation of placidity, cheerfulness and hopefulness of mind; ninth, employment of the great power of the mind in controlling passions and nervous fear; tenth, strengthening the will in carrying out whatever is useful and in checking the craving for stimulants, anodynes and other injurious agencies.—British Medical Journal.

## SCHMIDT'S VILLA

Overlooking the Halifax River, Daytona, Florida.

The hotel commands a most attractive view in every direction and no finer location can be found in the vicinity. It is only one block from the ocean and is convenient to the depot, postoffice, churches and public schools. More sunny rooms than any other hotel in town. Bath rooms and lavatories, with sanitary plumbing and all modern conveniences. Cuisine unexcelled. Rates \$2.50 per day and upwards. Special rates by the week. The only Tennis Court in the city is located on the hotel grounds.

HENRY SCHMIDT, Proprietor.

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Open for the Season of 1904-05. Beautifully Located on Ridgewood Avenue.

Since last season this popular house has been enlarged to double its former capacity. Rooms single or en-suite, with or without Private Baths. Hot and cold water in the new part, furnace heat and all modern conveniences.

Menu the Best the Market Affords.

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